

# Trig Substitutions

## Notes

For integrals containing this expression	Consider this substitution
$a^2 - b^2x^2$	$x = \frac{a}{b} \sin(\theta)$
$a^2 + b^2x^2$	$x = \frac{a}{b} \tan(\theta)$
$b^2x^2 - a^2$	$x = \frac{a}{b} \sec(\theta)$

## Example Problems

$$\boxed{\#1} \quad \int \frac{\sqrt{25x^2 + 49}}{9x^4} dx$$

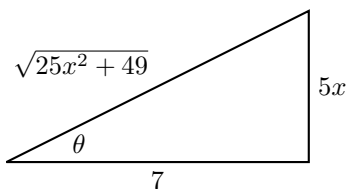
$$\boxed{\#2} \quad \int \sqrt{9 - x^2} dx$$

## Example Problem #1 - Fast Work

$$\int \frac{\sqrt{25x^2 + 49}}{9x^4} dx$$

$$\text{let } x = \frac{7}{5} \tan(\theta)$$

$$\text{then } dx = \frac{7}{5} \sec^2(\theta) d\theta$$



$$\int \frac{\sqrt{25x^2 + 49}}{9x^4} dx$$

$$\int \frac{\sqrt{25\left(\frac{7}{5} \tan(\theta)\right)^2 + 49}}{9\left(\frac{7}{5} \tan(\theta)\right)^4} \frac{7}{5} \sec^2(\theta) d\theta$$

$$\int \frac{\sqrt{25\left(\frac{49}{25}\right) \tan^2(\theta) + 49}}{9\left(\frac{7}{5}\right)^4 \tan^4(\theta)} \frac{7}{5} \sec^2(\theta) d\theta$$

$$\int \frac{\sqrt{49 \tan^2(\theta) + 49}}{9\left(\frac{7}{5}\right)^4 \tan^4(\theta)} \frac{7}{5} \sec^2(\theta) d\theta$$

$$\int \frac{\sqrt{49(\tan^2(\theta) + 1)}}{9\left(\frac{7}{5}\right)^4 \tan^4(\theta)} \frac{7}{5} \sec^2(\theta) d\theta$$

$$\int \frac{\sqrt{49 \sec^2(\theta)}}{9\left(\frac{7}{5}\right)^4 \tan^4(\theta)} \frac{7}{5} \sec^2(\theta) d\theta$$

$$\int \frac{7|\sec(\theta)|}{9\left(\frac{7}{5}\right)^4 \tan^4(\theta)} \frac{7}{5} \sec^2(\theta) d\theta$$

Assume  $\theta \in Q1$

$$\int \frac{7 \sec(\theta)}{9\left(\frac{7}{5}\right)^4 \tan^4(\theta)} \frac{7}{5} \sec^2(\theta) d\theta$$

$$\int \frac{7 \sec^3(\theta)}{9\left(\frac{7}{5}\right)^3 \tan^4(\theta)} d\theta$$

$$\int (7 \sec^3(\theta)) \div \left(9\left(\frac{7}{5}\right)^3 \tan^4(\theta)\right) d\theta$$

$$\int \frac{7}{\cos^3(\theta)} \div \frac{9\left(\frac{7}{5}\right)^3 \sin^4(\theta)}{\cos^4(\theta)} d\theta$$

$$\int \frac{7}{\cos^3(\theta)} * \frac{\cos^4(\theta)}{9\left(\frac{7}{5}\right)^3 \sin^4(\theta)} d\theta$$

$$\int \frac{7 \cos(\theta)}{9\left(\frac{7}{5}\right)^3 \sin^4(\theta)} d\theta$$

let  $u = \sin(\theta)$

then  $du = \cos(\theta) d\theta$

$$\int \frac{7 \cos(\theta)}{9\left(\frac{7}{5}\right)^3 \sin^4(\theta)} d\theta$$

$$\int \frac{7}{9\left(\frac{7}{5}\right)^3 u^4} du$$

$$\int \frac{7}{9\left(\frac{7}{5}\right)^3} u^{-4} du$$

$$\frac{7}{9\left(\frac{7}{5}\right)^3} \frac{1}{-3} u^{-3} + C$$

$$\frac{7}{9\left(\frac{7}{5}\right)^3} \frac{1}{-3} (\sin(\theta))^{-3} + C$$

$$\frac{7}{9\left(\frac{7}{5}\right)^3} \frac{1}{-3} \left(\frac{5x}{\sqrt{25x^2 + 49}}\right)^{-3} + C$$

$$\frac{7 * 5^3}{9(7)^3} \frac{1}{-3} \left(\frac{\sqrt{25x^2 + 49}}{5x}\right)^3 + C$$

$$\frac{7 * 5^3}{9(7)^3} \frac{1}{-3} \left(\frac{(25x^2 + 49)^{3/2}}{5^3 x^3}\right) + C$$

$$\frac{1}{9(7)^2} \frac{1}{-3} \left(\frac{(25x^2 + 49)^{3/2}}{x^3}\right) + C$$

$$-\frac{(25x^2 + 49)^{3/2}}{1323x^3} + C$$

### Example Problem #1 - Slow Work

$$\int \frac{\sqrt{25x^2 + 49}}{9x^4} dx$$

This problem has a positive squared variable and a positive constant inside a square root, which indicates we should consider a tangent substitution. Our  $a$  will be  $\sqrt{49} = 7$ . Because the  $x^2$  has a coefficient of 25, our  $b$  will be  $\sqrt{25} = 5$ . Therefore we will use the substitution...

$$\text{let } x = \frac{7}{5} \tan(\theta)$$

$$\text{then } dx = \frac{7}{5} \sec^2(\theta) d\theta$$

I recommend drawing the trig substitution's triangle as soon as we choose the trig substitution. We begin by taking our substitution and solving for the trig function.

$$x = \frac{7}{5} \tan(\theta)$$

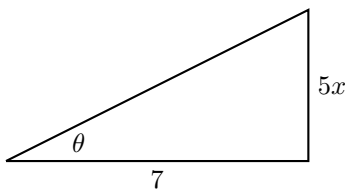
$$5x = 7 \tan(\theta)$$

$$\frac{5x}{7} = \tan(\theta)$$

Remember the definition of tangent

$$\tan(\theta) = \frac{\text{OPP}}{\text{ADJ}} = \frac{5x}{7}$$

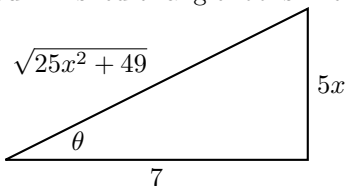
So now we draw a triangle with opposite side length  $5x$  and adjacent side length 7.



The trig substitution should always give us 2 sides of the triangle, and we find the third side using the Pythagorean Formula.

$$\begin{aligned} a^2 + b^2 &= c^2 \\ 7^2 + (5x)^2 &= c^2 \\ 49 + 25x^2 &= c^2 \\ \sqrt{49 + 25x^2} &= c \end{aligned}$$

So our finished triangle looks like this:



We will need this triangle when undoing the trig substitution after we integrate. Now we actually perform the substitution.

$$\int \frac{\sqrt{25x^2 + 49}}{9x^4} dx$$

$$\int \frac{\sqrt{25\left(\frac{7}{5}\tan(\theta)\right)^2 + 49}}{9\left(\frac{7}{5}\tan(\theta)\right)^4} \frac{7}{5}\sec^2(\theta) d\theta$$

Use the exponents.

$$\int \frac{\sqrt{25\left(\frac{49}{25}\right)\tan^2(\theta) + 49}}{9\left(\frac{7}{5}\right)^4 \tan^4(\theta)} \frac{7}{5}\sec^2(\theta) d\theta$$

Cancel out 25's.

$$\int \frac{\sqrt{49\tan^2(\theta) + 49}}{9\left(\frac{7}{5}\right)^4 \tan^4(\theta)} \frac{7}{5}\sec^2(\theta) d\theta$$

Factor out 49.

$$\int \frac{\sqrt{49(\tan^2(\theta) + 1)}}{9\left(\frac{7}{5}\right)^4 \tan^4(\theta)} \frac{7}{5}\sec^2(\theta) d\theta$$

Use Pythagorean identity

$$\int \frac{\sqrt{49\sec^2(\theta)}}{9\left(\frac{7}{5}\right)^4 \tan^4(\theta)} \frac{7}{5}\sec^2(\theta) d\theta$$

Take square root

$$\int \frac{7|\sec(\theta)|}{9\left(\frac{7}{5}\right)^4 \tan^4(\theta)} \frac{7}{5}\sec^2(\theta) d\theta$$

Technically, the square root of square of an expression is the absolute value of that expression. But for indefinite integrals, it's generally acceptable to just say

Assume  $\theta \in Q1$

And because all trig functions are positive in Quadrant 1, we remove the absolute value bars.

$$\int \frac{7 \sec(\theta)}{9\left(\frac{7}{5}\right)^4 \tan^4(\theta)} \frac{7}{5} \sec^2(\theta) d\theta$$

Multiply fractions together

$$\int \frac{7\left(\frac{7}{5}\right) \sec^3(\theta)}{9\left(\frac{7}{5}\right)^4 \tan^4(\theta)} d\theta$$

Cancel a 7/5 fraction

$$\int \frac{7 \sec^3(\theta)}{9\left(\frac{7}{5}\right)^3 \tan^4(\theta)} d\theta$$

Rewrite fraction as division

$$\int (7 \sec^3(\theta)) \div \left(9\left(\frac{7}{5}\right)^3 \tan^4(\theta)\right) d\theta$$

Rewrite secant and tangent in terms of sines and cosines

$$\int \frac{7}{\cos^3(\theta)} \div \frac{9\left(\frac{7}{5}\right)^3 \sin^4(\theta)}{\cos^4(\theta)} d\theta$$

When dividing fractions, flip the second and multiply

$$\int \frac{7}{\cos^3(\theta)} * \frac{\cos^4(\theta)}{9\left(\frac{7}{5}\right)^3 \sin^4(\theta)} d\theta$$

Cancel some cosines

$$\int \frac{7 \cos(\theta)}{9\left(\frac{7}{5}\right)^3 \sin^4(\theta)} d\theta$$

Now that we have mostly sines with a single cosine on top, we can use a substitution.

$$\text{let } u = \sin(\theta)$$

$$\text{then } du = \cos(\theta) d\theta$$

$$\int \frac{7 \cos(\theta)}{9\left(\frac{7}{5}\right)^3 \sin^4(\theta)} d\theta$$

$$\int \frac{7}{9\left(\frac{7}{5}\right)^3 u^4} du$$

Rewrite positive exponent on bottom of fraction as a negative exponent not in fraction

$$\int \frac{7}{9\left(\frac{7}{5}\right)^3} u^{-4} du$$

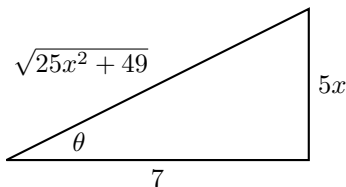
We finally integrate

$$\frac{7}{9\left(\frac{7}{5}\right)^3} \frac{1}{-3} u^{-3} + C$$

Replace u with sine

$$\frac{7}{9\left(\frac{7}{5}\right)^3} \frac{1}{-3} (\sin(\theta))^{-3} + C$$

Now we use the triangle from earlier



For our triangle,

$$\sin(\theta) = \frac{\text{OPP}}{\text{HYP}} = \frac{5x}{\sqrt{25x^2 + 49}}$$

So we replace our  $\sin(\theta)$  with that fraction

$$\frac{7}{9\left(\frac{7}{5}\right)^3} \frac{1}{-3} (\sin(\theta))^{-3} + C$$

$$\frac{7}{9\left(\frac{7}{5}\right)^3} \frac{1}{-3} \left( \frac{5x}{\sqrt{25x^2 + 49}} \right)^{-3} + C$$

We can use up the negative on the exponent by taking the reciprocal.

$$\frac{7}{9\left(\frac{7}{5}\right)^3} \frac{1}{-3} \left( \frac{\sqrt{25x^2 + 49}}{5x} \right)^3 + C$$

Remember: Square roots can be rewritten as  $1/2$  powers, and dividing by a fraction is the same as multiplying by its reciprocal.

$$\frac{7 * 5^3}{9(7)^3} \frac{1}{-3} \left( \frac{(25x^2 + 49)^{1/2}}{5x} \right)^3 + C$$

Distribute the 3 power to the fraction.

$$\frac{7 * 5^3}{9(7)^3} \frac{1}{-3} \left( \frac{(25x^2 + 49)^{3/2}}{5^3 x^3} \right) + C$$

Cancel a 7 and a  $5^3$  on both top and bottom of fraction

$$\frac{1}{9(7)^2} \frac{1}{-3} \left( \frac{(25x^2 + 49)^{3/2}}{x^3} \right) + C$$

Multiply

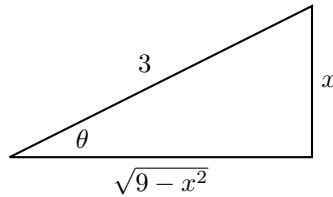
$$-\frac{(25x^2 + 49)^{3/2}}{1323x^3} + C$$

That is our final answer

## Example Problem #2 - Fast Work

$$\int \sqrt{9 - x^2} dx$$

let  $x = 3 \sin(\theta)$   
then  $du = 3 \cos(\theta) d\theta$



$$\int \sqrt{9 - x^2} dx$$

$$\int \sqrt{9 - (3 \sin(\theta))^2} 3 \cos(\theta) d\theta$$

$$\int \sqrt{9 - 9 \sin^2(\theta)} 3 \cos(\theta) d\theta$$

$$\int \sqrt{9(1 - \sin^2(\theta))} 3 \cos(\theta) d\theta$$

$$\int \sqrt{9 \cos^2(\theta)} 3 \cos(\theta) d\theta$$

$$\int 3|\cos(\theta)| * 3 \cos(\theta) d\theta$$

Assume  $\theta \in Q1$

$$\int 3 \cos(\theta) * 3 \cos(\theta) d\theta$$

$$\int 9 \cos^2(\theta) d\theta$$

Here we use cosine's power-reducing formula  
A large list of useful Trig formulas is available at  
[www.ReetutorsMath.org/notes](http://www.ReetutorsMath.org/notes)

$$\int 9 \left(\frac{1}{2}\right) (1 + \cos(2\theta)) d\theta$$

$$\int \left( \frac{9}{2} + \frac{9}{2} \cos(2\theta) \right) d\theta$$

$$\begin{aligned} \text{let } u &= 2\theta \\ \text{then } du &= 2 d\theta \end{aligned}$$

$$\int \left( \frac{9}{2} + \frac{9}{2} \cos(2\theta) \right) * \frac{1}{2} * 2 d\theta$$

$$\int \left( \frac{9}{2} + \frac{9}{2} \cos(u) \right) * \frac{1}{2} du$$

$$\int \left( \frac{9}{4} + \frac{9}{4} \cos(u) \right) du$$

$$\frac{9}{4}u + \frac{9}{4} \sin(u) + C$$

$$\frac{9}{4}2\theta + \frac{9}{4} \sin(2\theta) + C$$

$$\frac{9}{2}\theta + \frac{9}{2} \sin(\theta) \cos(\theta) + C$$

$$\frac{9}{2} \sin^{-1} \left( \frac{x}{3} \right) + \frac{9}{2} \frac{x \sqrt{9-x^2}}{3} + C$$

$$\frac{9}{2} \sin^{-1} \left( \frac{x}{3} \right) + \frac{x \sqrt{9-x^2}}{2} + C$$

### Example Problem #2 - Slow Work

$$\int \sqrt{9-x^2} dx$$

This problem has a negative squared variable and a positive constant inside a square root, which indicates we should consider a sine substitution. Our  $a$  will be  $\sqrt{9} = 3$ . Because the  $x^2$  has a coefficient of 1, our  $b$  will be  $\sqrt{1} = 1$ . Because  $\frac{3}{1} = 3$ , we will use the substitution...

$$\begin{aligned} \text{let } x &= 3 \sin(\theta) \\ \text{then } du &= 3 \cos(\theta) d\theta \end{aligned}$$

I recommend drawing the trig substitution's triangle as soon as we choose the trig substitution. We begin by taking our substitution and solving for the trig function.

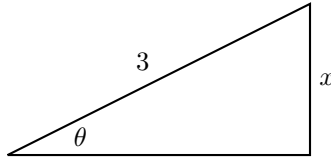
$$\begin{aligned} x &= 3 \sin(\theta) \\ \frac{x}{3} &= \sin(\theta) \end{aligned}$$

Then we use the definition of sine

$$\sin(\theta) = \frac{x}{3} = \frac{\text{Opposite}}{\text{Hypotenuse}}$$

Now we draw a right triangle, and label it with an opposite side of  $x$  and a hypotenuse of 3.

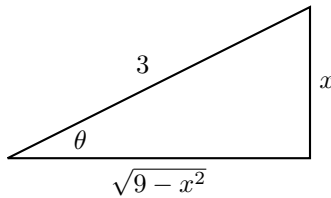




The trig substitution should always give us 2 sides of the triangle, and we find the third side using the Pythagorean Formula.

$$\begin{aligned} a^2 + b^2 &= c^2 \\ a^2 + x^2 &= 3^2 \\ a^2 &= 3^2 - x^2 \\ a &= \sqrt{9 - x^2} \end{aligned}$$

So our finished triangle looks like this:



This will be needed when undoing the trig substitution after we integrate. Now back to the integral.

$$\int \sqrt{9 - x^2} \, dx$$

$$\begin{aligned} \text{let } x &= 3 \sin(\theta) \\ \text{then } du &= 3 \cos(\theta) \, d\theta \end{aligned}$$

$$\int \sqrt{9 - x^2} \, dx$$

$$\int \sqrt{9 - (3 \sin(\theta))^2} \, 3 \cos(\theta) \, d\theta$$

$$\int \sqrt{9 - 9 \sin^2(\theta)} \, 3 \cos(\theta) \, d\theta$$

Factor out the 9

$$\int \sqrt{9(1 - \sin^2(\theta))} \, 3 \cos(\theta) \, d\theta$$

Pythagorean Identity

$$\int \sqrt{9 \cos^2(\theta)} \, 3 \cos(\theta) \, d\theta$$

$$\int 3|\cos(\theta)| * 3\cos(\theta) d\theta$$

Technically, the square root of square of an expression is the absolute value of that expression.  
But for indefinite integrals, it's generally acceptable to just say

Assume  $\theta \in Q1$

And because all trig functions are positive in Quadrant 1, we remove the absolute value bars.

$$\int 3\cos(\theta) * 3\cos(\theta) d\theta$$

$$\int 9\cos^2(\theta) d\theta$$

Here we use cosine's power-reducing formula.  
A large list of useful Trig formulas is available at  
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$$\int 9\left(\frac{1 + \cos(2\theta)}{2}\right) d\theta$$

$$\int 9\left(\frac{1}{2}\right)(1 + \cos(2\theta)) d\theta$$

$$\int \left(\frac{9}{2} + \frac{9}{2}\cos(2\theta)\right) d\theta$$

Because we have  $2\theta$  and not just  $\theta$  in the cosine, we need to use a substitution.

let  $u = 2\theta$   
then  $du = 2 d\theta$

Because we do not have the 2 in  $2d\theta$ , we need to put it there.  
So we multiply by 2. In order to not change our answer, we must also multiply by  $\frac{1}{2}$ .

$$\int \left(\frac{9}{2} + \frac{9}{2}\cos(2\theta)\right) * \left[\frac{1}{2} * 2\right] d\theta$$

Now that we have  $2d\theta$ , we can change it into the  $du$  it equals. We also replace  $2\theta$  with  $u$ .

$$\int \left(\frac{9}{2} + \frac{9}{2}\cos(u)\right) * \frac{1}{2} du$$

$$\int \left(\frac{9}{4} + \frac{9}{4}\cos(u)\right) du$$

The integral of a cosine is a sine, and the integral of a constant  $9/4$  is just that constant times the variable.

$$\frac{9}{4}u + \frac{9}{4}\sin(u) + C$$

Remember  $u = 2\theta$

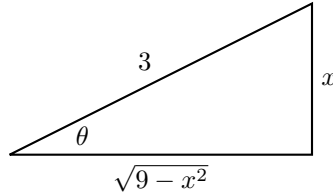
$$\frac{9}{4}2\theta + \frac{9}{4}\sin(2\theta) + C$$

Use the sine double angle formula.

Again, a list of the trig formulas is available at [www.ReeTutorsMath.org/notes](http://www.ReeTutorsMath.org/notes)

$$\frac{9}{2}\theta + \frac{9}{2}\sin(\theta)\cos(\theta) + C$$

Next we undo the trigonometric substitution. This is where we need the triangle from earlier.



For this triangle, the opposite side has length  $x$ , the adjacent side has length  $\sqrt{9 - x^2}$ , and the hypotenuse has length 3. Therefore...

$$\sin(\theta) = \frac{\text{OPP}}{\text{HYP}} = \frac{x}{3}$$

$$\cos(\theta) = \frac{\text{ADJ}}{\text{HYP}} = \frac{\sqrt{9 - x^2}}{3}$$

And if  $\sin(\theta) = \left(\frac{x}{3}\right)$  then  $\theta = \sin^{-1}\left(\frac{x}{3}\right)$ .

Once we know all that, we can change our  $\theta$  expressions to  $x$  expressions.

$$\frac{9}{2}\theta + \frac{9}{2}\left(\sin(\theta)\right)\left(\cos(\theta)\right) + C$$

$$\frac{9}{2}\sin^{-1}\left(\frac{x}{3}\right) + \frac{9}{2}\left(\frac{x}{3}\right)\left(\frac{\sqrt{9 - x^2}}{3}\right) + C$$

$$\frac{9}{2}\sin^{-1}\left(\frac{x}{3}\right) + \frac{9x\sqrt{9 - x^2}}{18} + C$$

$$\frac{9}{2}\sin^{-1}\left(\frac{x}{3}\right) + \frac{x\sqrt{9 - x^2}}{2} + C$$

And that is our final answer.